VAA4-HVL 2013 Spring Conference
4-H Volunteers Light the Way
Virginia Beach Resort Hotel & Conference Center
March 9-10, 2013

For Hotel Reservations Call 757-481-9000 or 800-468-2722
Room Rates: $89 per night (single/double); $99 (triple); $109 (quad) (plus tax*)
(Ask for reservations for the 4-H Adult Volunteer Leaders Conference)
Hotel deadline is February 8, 2013 to get these room rates, or as long as available.

Conference Registration form must be postmarked by 3/1/2013 to avoid the $15 late fee.

CONFERENCE REGISTRATION FORM

Name: _______________________________________ Phone: (___) _________________________

Address: _____________________________________________________________________________

City/State:_____________________ E-Mail: _________________________________________________

District:_____________________ *Please print e-mail address clearly*

Participant Status: (Check all that apply)
   4-H Volunteer District/State Staff Unit Representative First Time Attendee
   Extension Agent Program Asst. Youth/Guest

☐ Check here if you do not wish your name, address and phone # placed in the conference registration log which will be given to each attendee at registration.

Full Conference Registration Includes 3 Meals (does NOT include lodging) = $60.00
(Scholarships Available – See Attached Form)

One Day Attendance Fees:
   Saturday registration and lunch = $35.00
   Saturday night banquet only = $35.00 (Business Professional Dress)
   Sunday registration and brunch = $35.00
   LATE FEE (on all or part of conference checked above) = $15.00
   (Postmarked after March 1, 2013)

*No refunds will be made after registration deadline!

TOTAL $___________

Make Check or Money Order payable to: Treasurer, Virginia Tech.
Put VAA4-HVL 2013 Spring Conference in the memo line on your check.
Walk in registrations will not be guaranteed meals or special dietary requests for the conference.

☐ Check if you have special diet requirements; please list needs or other accommodations needed.
Special meal accommodations will not be honored with late registration.

***We will be holding a silent and live auction during the conference. Donations of items from each region are greatly appreciated for these events! Proceeds help support our Association and the hosting districts.

Submit form and payment to: Rose Talbott, Registrar
4-H Office, PO Box 6524
Virginia Beach, VA 23456

Questions? Please call 757-385-8550 or leave a message with a return number.
Directions to the
Virginia Beach Resort Hotel and Conference Center
2800 Shore Drive
Virginia Beach, VA 23451

FROM NORTH (EASTERN SHORE), via the Chesapeake Bay Bridge Tunnel, take 1st exit bridge tunnel - Route 60 East (Shore Drive). Follow Shore Drive, eastbound, approximately 3 miles, the Virginia Beach Resort Hotel & Conference Center will be on the left, one block beyond the intersection of Shore Drive and Great Neck Road. End at 2800 Shore Drive.

FROM WASHINGTON, D.C./NORTHERN VIRGINIA, take 95 South to 64 East (near Richmond). Follow 64 East across Hampton Roads Bridge Tunnel. Take Exit 282 (Northampton Boulevard) and bear right.

FROM CHARLOTTESVILLE, take 64 East past Richmond and follow across the Hampton Roads Bridge Tunnel. Take Exit 282 (Northampton Boulevard) and bear right.

FROM ROANOKE, take 81 North to Charlottesville, exit onto 64 East, follow 64 East past Richmond and across the Hampton Roads Bridge Tunnel. Take Exit 282 (Northampton Boulevard) and bear right.

FROM SUFFOLK AREA, take 58 East, follow directly onto 64 West (signs for Chesapeake/Virginia Beach). Take Exit 282 (Northampton Boulevard) and bear right.

FROM THE CAROLINAS, take 85 North or 95 North to South Hill or Emporia (respectively). Take Route 58 East, follow directly onto 64 West (signs for Chesapeake/Virginia Beach). Take Exit 282 (Northampton Boulevard) and bear right.

FROM THE AIRPORT, take Norview Avenue to 64 East. From 64 East, take Exit 282 (Northampton Boulevard) and bear right.

ONCE ON NORTHAMPTON BOULEVARD: Follow approximately 5 miles and take Route 60 East (Shore Drive-last exit before the Chesapeake Bay Bridge Tunnel.) Follow Shore Drive, eastbound, approximately 3 miles, the Virginia Beach Resort Hotel & Conference Center will be on the left, one block beyond the intersection of Shore Drive and Great Neck Road. End at 2800 Shore Drive.
Friday, March 8, 2013
7:30 p.m. - 10:30 p.m. Joint Board of Directors and Program Committee Meeting

Saturday, March 9, 2013
8:00 a.m. – 3:00 p.m. Registration
9:00 a.m. – 10:00 a.m. Workshop Session 1, Chesapeake Rooms A, B, C
• Workshop
• Workshop
• Workshop
10:15 a.m. – 11:15 a.m. Workshop Session 2, Chesapeake Rooms A, B, C
• Workshop
• Workshop
• Workshop
11:30 a.m. – 1:00 p.m. Lunch/Guest Speaker – Dr. Jewel Hairston, Virginia State University
1:15 p.m. – 2:15 p.m. Workshop Session 3, Chesapeake Rooms A, B, C
• Workshop
• Workshop
• Workshop
2:30 p.m. – 4:00 p.m. Out-Reach Program - Virginia Aquarium & Marine Science Museum presents “Life in the Chesapeake Bay” – Limited to 30 participants
2:30 p.m. - 5:00 p.m. District Meetings – Optional
Tours on Your Own – See tour selections and brochures in Welcome Bag – Suggested return time to hotel no later than 5:30.
2:30 p.m. - 5:00 p.m. Hospitality Room Open
6:00 p.m. - 9:00 p.m. Dinner/ Guest Speakers – Dr. Edwin Jones, Director and Monsanto Representative
Entertainment – Josh Borden, Former Surry County 4-H’er
Silent & Live Auction with Steve Wood, Auctioneer
9:00 p.m. - 10:30 p.m. Hospitality Room Open
Sunday, March 10, 2013

8:30 a.m. - 9:00 a.m.  Devotions on You Own

9:00 a.m. – 10:00 a.m. Workshop Session 4
  • Workshop
  • Workshop
  • Workshop

10:00 a.m. – 10:30 a.m. Hotel Check Out

10:30 a.m. – 12:00 noon Brunch & Closing Program
2013 Spring Conference Workshop Descriptions

- **“Light Up” Your Meetings and Programs** – Tara Brent, 4-H Extension Agent, Lancaster & Northumberland Counties. Feel like your meetings need some pizazz? Come learn fun and simple ways to add some spark to your meetings and ensure that everyone is included.

- **Science on a Shoestring Budget** – Heather Newton and Jenny Sue Flannagan, Virginia Beach 4-H Volunteers. Come learn fun and engaging science activities with minimal costs in supplies. Learn how to capture the interest of young learners while having fun and stimulating their curiosity!

- **Middle School Madness** – Billie Jean Elmer, Senior Extension Agent, Surry County and Cynthia Rowles, Senior Extension Agent, Charles City/New Kent Counties. Middle school youth tend to frustrate educators in formal and informal settings. The trick to successes with middle school youth is to understand “what makes them tick” and capitalize on those cognitive, emotional and social skills. Understanding and using their development processes in programming allows youth and adults to enjoy the program outcome.

- **Quick and Fun Ideas with Rubber Stamping** – Michelle Burkett, Virginia Beach 4-H Volunteer, 1987 All Star and 4-H IFYE to New Zealand 1992/93. Class limited to 15 participants. In just 60 minutes, volunteers will learn how to make and complete three stamping projects that can be used in future 4-H events. They will learn how to design and stamp a calendar, a thank you card for volunteers and 4-H donors, and a favor to be used at 4-H events. Stamping is a great craft project that can be used with all age groups. It helps 4-H’ers and volunteers use their imagination while having fun!

- **Starting Up a Robotics Club (LEGO League)** – Dean Dedicatoria, Accomack County 4-H Volunteer. Dean will present to volunteers his experience of starting a LEGO Robotics Club. Describe the process and cost of signing a team up for First LEGO League competition and program. Also, allow participants to build and program rudimentary LEGO robots.

- **Garden Bees** – Pam Fisher, Virginia Beach 4-H Volunteer and Foragers 4-H Beekeeping Club Leader. Pam will introduce volunteers to both native and honey bees found in Virginia. She will discuss their importance as pollinators and share methods to enhance bee habitats and discuss food and nesting sites for bees.

- **Country Cured Ham Project** – Cal Schiemann, Retired Virginia Beach ANR Extension Agent. Ever wondered how salt cured hams are made? Cal will take you through the entire process and even serve samples of Virginia Beach 4-H Country Cured hams!

- **4-H Club Account Update** – Dr. Michael Martin, Assistant Director/Extension Specialist – 4-H, Virginia Tech. This workshop will give 4-H club volunteers an opportunity to learn about the 4-H club account process and to ask questions for clarification.

Other Workshops Planned:

- **Child Abuse and Liability Issues**
- **Butterfly Project**
Thanks to the Monsanto organization, there are a limited number of scholarships available for Agents and Volunteers, to attend State Spring and Fall Conferences. If you are interested in one of the scholarships, please select the category below and then complete the remainder of this form. **YOU MUST BE REGISTERED AND PAID IN FULL FOR THE ENTIRE CONFERENCE TO QUALIFY!** (Agents and veterans are only eligible for ONE scholarship per calendar year)

_____ Agent Scholarship – any agent who gets 2 or more ADULT volunteers to register and attend the conference will be eligible for a partial or full scholarship to attend the conference also. In the space below, list the names of conference attendees from your county. (Agents may NOT use Hokie Mart, office funds, or other 4-H accounts. Must pay ahead with personal check, and if awarded, will receive refund after the Conference.)

_____ Volunteer - First Time Attendee – if this is your first conference, you may be eligible for a partial to full scholarship. **On the back of this form**, please state how you will use information/knowledge gained at this conference to “pay back” to your county/unit. Ex: How will you volunteer in your county? Will you help “spread the word” to other volunteers about these conferences? (Volunteers must pay ahead with personal check, and if awarded, will receive refund at conference. Agents may NOT use Hokie Mart, office funds, or other 4-H accounts to pay for volunteers in order for volunteers to receive this.)

_____ “Veteran” Volunteer – if you have attended these conferences before, and continued to support the VAA4-HVL, as well as your county/unit, and state 4-H, **AND ALSO** what you have done in the past to support the VAA4-HVL, as well as your county/unit.

Note: All volunteer attendees, whose registration is not being paid by an agent or county, are eligible to receive a scholarship (partial to full refund of conference fee dependent on number of applications and scholarship fund availability). Conference fee must be paid with registration to be considered.

Name: __________________________________ County/Unit: ________________________________
Mailing Address: _______________________________________________________________________
City: ___________________________________ State: ________ Zip: _________________________
Phone (___) __________________________ Email: __________________________
DISTRICT: ____________________________

This application is due ONE WEEK prior to the Conference Deadline (2/22/13), as shown on the conference registration form. All applications will be reviewed by a committee of District Staff, scholarship recipients will be notified of receipt of application. Please send registration and payment to registrar as usual.

Please send this form to:
Kevin Cubbage, VAA4-HVL Conference Coordinator Northern District Office
2322 Bluestone Hills Drive, Suite 140
Harrisonburg, VA 22801
or PDF File to kcubbage@vt.edu

*Please note reimbursement check may take 30+ days to receive.*